The Mind, Brain, Body Connection

Part One

Hopefully if you are reading this you will have already integrated previous information offered through Ascension Whispers. If not, you will most likely have gaps of understanding, but you can always go back and read that information to fill in the gaps.

I have titled this part one of this series of thoughts but I do not know if will be able to continue to share more thoughts with you, even though I hold that desire. It is becoming more challenging with each passing day for me to shift enough of my energy of mind back down into the human expression of myself to be able to operate the human brain/body and focus within the earth hologram. I still hold high intentions though.

As I have shared before, it is very challenging to put the thoughts remembered in Source mind into a linear sequence for them to make some kind of sense for you to read because they do not turn back on in a linear sequence. That means there is always more to remember about any thought.

Communicating With Humans

In order to share thoughts that I remember from Source with humanity I must step the thoughts down into the human language my human brain is programmed with. Source does not create languages. The organic communication process of creation is what humans call “senses”. Senses are the process of sensing energy. Individual identity expressions of Source (faces of Source, such as humans) become aware of thoughts via energy sensing. Energy sensing is the communication process. Humans also call energy sensing mind reading and telepathy.

Human languages are the result of humans creating “symbols” to allow humans to communicate their thoughts with each other as a result of humans losing the ability to communicate with each other via telepathy, or mind reading. All humans should be able to become aware of all thoughts held within the human they are communicating with simply via sensing. All life expressions become aware via sensing energy. Sensing energy is the way that the creatures of earth communicate with humans, with each of them holding their own unique language within their species. All life forms sense energy within / through many sense regions at the same time. Such sense regions are organic to the operation of a brain.

Human languages are a detriment to humans trying to remember the truth of creation because they are created by humans based on human experiences and what humans “see” as manifest creation. They are based on the experiences gained via sensing energy. Simply

because no two humans experience anything exactly the same there are many symbols (words) created by humans which try to define a similar experience. Humans also borrow words already created and defined to apply to different experiences which creates confusion within the observer when trying to express and understand experiences. Humans can barely communicate with each other via their self created languages let alone try to understand self and creation through the use of human languages.

Confusion can be found within all words of all human languages with each person choosing words based on the programming in their human brain. One small example is the word “conscious”. The word conscious means to be aware of self, or self aware, yet the word is also used to apply to someone in body awake mode verses someone in body sleep mode. I use the true meaning of the word conscious (self aware) but if you do not know that it would be easy for you to become confused when reading my thoughts.

Other words Source would like me to clarify are the words hologram and holographic. Generally when people aware of such words hear them they think of things they have seen created with human technology. Human technology is used to create pictures that seem to simply hang out in the air. This supports the ancient false belief of humans that what they see occurs outside of their brain and is why I am guided to clarify the usage of the words at this time.

When I use these words it is about defining the pictures humans see and call matter as first "light pictures / images" and second understanding that "visible light" is **radiation**. It is an effort to assist you to remember that what humans call matter is not solid as humans believe it to be. Unless you encounter the thoughts of Ascension Whispers, or encounter information from neuroscience, you most likely have no awareness that everything you see and experience is created **inside** of your brain, not outside of it. Unless you are aware of the discovery of quantum physics, you most likely have no awareness of their discovery, "matter does not exist unless someone is looking". (Double Slit experience is now one of their infamous experiments). Yet, no one seems to realize that implies the someone looking is not made of matter and it means that your life / world is not created inside of your matter brain. We will get to that as we move on in this document. Another rather laughable note about it all is that science is completely aware it is ALL radiation.

It is not possible to simply change the false beliefs of humans over night, or by presenting them with truth. It is not because they do not want to know the truth it is because their human DNA is programmed to allow them to only accept as truth the ancient false beliefs of all who birthed before them as human. The program is the critical mass program playing within humans and until the program can be reset the truth will either not process through humans or they will not be able to retain awareness of truth.

Even though there exists a vast array of symbols within human languages none of them can clearly represent the vastness of manifest creation. Humans have not created words for what humans cannot remember/see/become aware of and no human language can express all of the energy and thoughts of Source. Therefore, human languages create blockages in trying to remember truth while still expressing as human.

Written human languages are pictures/symbols which try to express pictures/images as well as human emotions. All written human languages began as picture/images because they are the result of humans trying to communicate with each other the pictures/images they see. For example, if the picture of a tree was to be communicated from human to human a picture representing a tree would be drawn but some humans now use a symbol “tree”. It is much faster, and takes up less space, to use the symbol tree than to draw a picture of a tree.

Because all human languages began as picture languages there were no adjoining symbols between pictures, such as (and, the, it, them, I, you, we, etc.) Picture languages are literal whereas letter symbols can be quite abstract. Look at the picture you see around you. There are no adjoining words in the picture.

Even if the brain does not know, is not programmed with a human language, the individual will still become aware of the pictures that compose their holographic reality filed. Even if the human is dealing with human vision blindness they can still become aware of/ see pictures inside of their brain. They will simply see different pictures. Think of babies and infants who still see, and are aware of the pictures that compose their reality field, but have not yet “learned” how to communicate with other humans what they see. Learning how to use a human language to communicate within is the result of turning on the inherited code for the human language in the inherited human DNA and applying the human language to pictures. Even pictures that try to convey human emotions are still pictures. Think of emoticons.

We call the process of learning a human language learning an alphabet and learning how to read and write. Science has discovered that the “given language” is inherited from the mother’s DNA. When the code is fully turned on / activated in the DNA of the human we say they have memorized their A B C’s, but they did not have to wait until the code was turned on to see the pictures that compose their reality filed. They simply could not convey their thoughts to humans. Conveying thoughts is sharing thoughts.

Even though the baby cannot yet make use of a human language they still convey thoughts to the parents or caretaker. The mother “learns” what the baby’s cry means and what facial expressions means. What is actually occurring is the mother and child adopt the same “wave length” of brain waves and the thoughts of the baby are translated within different sense regions of the mother’s auric brain. The same process occurs between pets and owners. They “share” the energy of their thoughts on a same wave length. These are examples of telepathy.

When you encounter thoughts that you “resonate” with you resonate with them because they are on the same wave length of your thoughts. When you encounter thoughts you do not resonate with it can feel like fingernails on a chalk board.

When humans encounter thoughts that threaten their accepted belief system (thoughts accepted as truth) the human brain turns on the flight or fight response. Doing so is simply the human brains ability to protect itself because protecting itself is protecting your life, your world. That might not make much sense unless you know that your life, your world, your picture of creation is created inside of your brain. Neuroscience has proven the life experience is created in the brain but they do not understand how. They theorize it occurs via humans taking in “light” and somehow the light is turned into the “inner” reality. In such a thought, they have forgotten that light is radiation.

In remembering the truth of creation and trying to share the thoughts with humans, I am limited to the words / symbols my human brain is programmed with and because there are no words to apply to what humans have forgotten it requires creating many analogies. However, you reach a point of expansion when even analogies cannot be created to define creation because there are no thoughts in human languages to use to create analogies. It is similar to trying to describe a color to someone that cannot see the color or know the color exists.

As well, science has created their own different languages within the many factions of science and the different factions borrow words from each other and apply different meanings to the borrowed words. Face it, the general population are not intended to understand the languages of science. They are similar to codes of secret societies. If you want to use their languages to communicate with you must pay to join their societies. I have no desire in doing so.

Math is also a language created by humans, with many sub-languages created within it. Source did not create human languages, humans did and continue to do so. Math is simply creating different pictures / symbols to represent thoughts. Math is also based on human experiences.

I used to love playing with the symbols in math and it was one of my strongest subjects in school but changes occurred in my brain many years ago, as I expanded and my brain cells changed, that now makes all numbers do strange things in my brain. When I look at numbers they move around and change places in my brain. For a long time I did not understand why. Today I know it is the result of my human DNA coding being recoded to allow me to become aware of truth. Not really an issue but I have to be very careful when balancing finances.

I can only use words to communicate with humanity within the language my human DNA is programmed with. Some of those words I use very lightly in trying to convey thoughts. Especially the words mind, brain and body. The most basic words created by humans trying to

define Source and creation include the words consciousness, energy and radiation. They are words created by humans which try to define the non-seen or what is invisible to humans.

"*All of creation is energy. Energy cannot be created or destroyed, it simply changes form".*

Perhaps you remember learning this truth, rediscovered by physics, when you learned about molecules and atoms. Even though physics made this discovery, humans had still not been able to understand the truth of the discovery.

It means that all of creation is the **SAME** energy, that has no beginning and no ending, or is eternal, and eternally changes form. Form is also what humans call manifest creation, visible creation, matter and particles. It means that ALL that exists, the ONLY thing that exists is Source, God Source if you prefer. It means that all of manifest creation is Source expressing as all forms at the same time and that Source eternally changes from. The human form is simply one of an uncountable number of temporary forms of expressions of Source.

It also means that humans are individual identity expressions of Source (faces of Source for simplicity) and that you are eternal and simply currently expressing as a form you call the human body form.

Source is conscious mind, the ONLY conscious mind that exists!

- Conscious = self aware
- Mind = thinks

What humans call the universe is the eternal mind of Source. All that is held within the mind of Source is the thoughts of Source. The pictures/forms/images that compose manifest creation, visible creation, matter, particles are THOUGHT FORMS. They are Source expressing as form. They are created in the mind of Source made of the energy of the mind of Source.

The organic means of communicating thoughts is via "energy sensing". One "sense" is seeing pictures of thoughts, or thought forms. Seeing is NOT looking at. Seeing is sensing. Other words for the sense of seeing include observing and looking.

Sensing occurs via electrical impulses/sparks and becoming aware of the electrical sparks requires a brain to create the electrical sparks within.

Sensing the energy of thoughts does not occur as humans believes it does. You do not see pictures /forms in front of you existing as pictures / manifest creation. However, it will most likely be very challenging for you to retain awareness of such truth when you shift your focus of attention away from such truth because that is not what the program running in your inherited human DNA tells you. The program in your inherited human DNA is coded with the beliefs of those who birthed as human before you. That is why it requires being able to access

the thoughts held within Source mind to be able to remember truth while still expressing as human.

Birthing As Human

Expressing as human means for you, Source, to step down part of your energy into the code of a thought which science calls human DNA. As soon as you do so, the distorted code makes you forget all that you knew prior to doing so. Most of the current human adult population will not remember the truth of self and creation until the human life experience completes and they remove their energy from the code of human DNA because unless the individual chooses to work to recode their human DNA they will continue to only be able to be aware of the thoughts translating through the coding in their inherited human DNA.

Growing a baby human body to an adult human body is the process of Source mind continuing to step energy of mind down into the code of human DNA to turn on the code. Growing old (aging) and dying the human body form is the process of turning off human DNA. That is why there is hardly any DNA left in the form when the final point of release occurs. It is why human DNA continues to shorten throughout the life experience. Science is aware of this fact but does not know why it occurs and thinks it might be the “cause” of death. Of course all humans have forgotten that so called death is simply the process of changing form.

The process of turning off human DNA is why most of the current adult population will not be able to remember the truth until they remove their conscious energy from human DNA. Not only is the code of human DNA distorted and fragmented but when it begins turning off at a faster rate of speed there remains smaller amounts of code to process thoughts through. That is why it is common for seniors to become forgetful. Humans can only keep so much energy open to awareness at any given time because human DNA can only process so much energy at any given time. That is also why it is easier for the child to “learn” something new than it might be for the senior.

Communicating thoughts with humans that they have forgotten and have not encountered in their life experience is very challenging. I did not realize how challenging until after I began the process. I look at (become aware of) the thoughts of Source mind opening to my awareness and at first it seemed like it would be simple to share all that I became aware of with humans. That was until I realized the challenge of stepping the thoughts down into a human language.

What some people call the auric body should actually be called the auric brain because it operates like a brain and does not look like what humans call a body. The auric brain is created before the human body form is created and the human body form is created **inside** of the auric brain. Your entire life experience is created inside of your auric brain.

Because all who birth as human experience amnesia when doing so, humans have created their beliefs solely on what they experience with the known five human senses. They have created their beliefs on the experience of experiencing thoughts, unaware that what they are experiencing is thoughts, and fragmented, distorted thoughts. *Creation occurs from the inside out, not the outside in*. Creation occurs inside of you, not outside of you. Manifest creation does not exist outside of your auric brain. The only thing that exists outside of your auric brain is the conscious mind of Source. All that you experience is the thoughts of Source. Source is all that exists so Source is the only one experiencing the thoughts of Source.

As you focus on these thoughts you may begin to become aware of the truth of them but as soon as you shift your focus back into your human life experience you will become aware of the victim – victimizer game. Everywhere you care to look within the picture of the earth hologram you can see someone playing the role of the victim. Controlled news media is filled with victim consciousness and is basically the main thing that is reported. Entertainment is saturated with victim consciousness.

The victim believes that life is being done to them. They blame anyone and everything for their experiences. This is because humans have forgotten their true identity, how creation occurs, and why they are expressing as human. They have no open memory of what the human life experience is really about. Because humans believe what they see and experience occurs outside of them they blame what they believe to be outside of them for the distorted experiences they encounter. Humans have forgotten that all of humanity is co-creating the earth holographic reality field.

Were it not for the communication network that humans have created to broadcast their thought experiences to other humans you would have no awareness what humans are creating to experience beyond what plays out in your life experience. The controlled broadcast system is used to get humans to think and believe as the ones controlling the system desire them to. It makes it easier to control humans by controlling their thoughts via getting them to accept thoughts as truth. When you remember that the thoughts you accept as truth become the reality you will experience it becomes very important to protect your thoughts.

The Human Life Experience

The human life experience is a "**healing mission**". It is the process of Source stepping down, and into, expressions of Source (auric brains) that fragmented and became distorted. Doing so allows for forgetting the truth and experiencing thoughts through a thought code that fragmented and became distorted. Doing so is the process of entering into a diseased brain and experiencing distorted thoughts while the process of healing the distortion unfolds. Doing so is why ALL humans ARE supposed to get sick. Sickness is the result of the distorted code of

the brain. Getting sick is the result of Source mind stepping down into the sickness to heal the sickness.

You do not stop being Source because disease allows you to forget the truth. You simply forget the truth while held within the disease. More people are starting to remember pieces of truth. For the most part, what people are starting to remember is the importance of love. Remembering is becoming aware of what you forgot. Remembering is the result of more of Source energy being able to turn on within you. Remembering while still expressing as human is a result of inner healing occurring.

It does not matter if humans remember the truth of self and creation while still expressing as human. The human life experience is a mission of healing distortion that occurred within Source mind. It is not a mission to remember the truth. Remembering the truth while expressing as human is simply a byproduct of healing. It only becomes important to humans that reach a point of healing to allow them to become aware that there is something very important they forgot and there is something very wrong with humans and the earth reality.

We could think of the healing mission of being the cure / antidote for a diseased cell. Healing the diseased cell is the process of Source entering higher energy into the cell by stepping energy down into the cell and raising the energy stepped down back up in energy. The process completely fragments the diseased cell, allowing it to break apart and return to the state of non-differentiated Source energy (formless) and return to balance within mind. It is the process of Source "turning off" distorted thought coding.

Healing to remember the truth while still expressing as human is dependent on the inherited DNA code and how much of Source energy can step down into and turn on within the distorted code. Healing is the process of increasing to a high enough vibration rate then for thought to be able to play differently within the distorted code and to reset the distorted code.

ALL who release from human DNA, and raise back up in energy/vibration, will instantly remember the truth when doing so, unless the return path must be of complete fragmentation. Such consciousness will simply become formless once again. The ascension path is a path of “changing” to express as a new form, or transformation. Source eternally changes form. Your human body form changes every day. You simply are not aware of the changes because they are subtle.

The Auric Brain

Individual identity expressions of Source (faces of Source, such as humans) are actually brains. The word brain is used lightly to define an "information processing center, a data processing center, a thought processing center. The word Auric is a word some people have created and

assigned to fields of energy that can be detected surrounding the human body form. It tries to define an energy structure which humans cannot see as a manifest form.

The purpose of the brains of Source, created by Source within the mind of Source, is to allow Source to experience the thoughts of Source as individual thoughts. Experiencing thoughts as individual thoughts **is** a life experience. A life experience is similar to reading a book, watching a movie, playing a role in a movie/play. A life experience is similar to one chapter in an eternally unfolding book.

Close your human body eyes for a moment and look at the blackness you see there. The blackness is your Source conscious mind. Some people also call that blackness inner space. Inner space and outer space are the same thing which is Source mind.

As you look at your mind, which you cannot do until you create a mirror to look into, there are thoughts flowing through you nonstop, eternally. How can you "experience" your thoughts. You cannot see them, hear them, taste them, touch them, feel them, all you can do is think about them.

To experience them you must first create something for you to experience them within. You are mind, so you must create a thought in your mind to allow you to experience your thoughts within. That is what the brains of Source allow for, for Source to *experience* the thoughts of Source.

I will continue to use the word "auric" to denote the brain that humans cannot see simply because many humans are aware of that word. The auric brain is also a thought created by Source mind. All that exists is Source conscious mind and all that exists inside of Source mind is the thoughts of Source. Your auric brain is created **before** your human body form is created and your human body form is created inside of your auric brain. Absolutely everything you see and experience occurs inside of your auric brain.

All thoughts are created upon the same energy foundation structure. That energy structure is the Eternal Spiral of Creation, using words from a human language to apply to the structure. The term science has created to apply to the structure of a thought is the term DNA which is a picture/image of the non visible coding of a thought.

What space science calls a black hole is the non visible spiral of a star/a thought. Space science reports that black holes eat light. Light is radiation. What they detect are thoughts being turned off to return to a creation point within mind.

The thoughts of Source express as individual spirals within the mind of Source that simply pile on top of each other, with no space in between them. Pictures/Images/Matter/Form are pictures of the non visible coding of the spirals of thoughts. Source desires to experience the

coding of thoughts not to look at the spirals of thoughts. The spiral thoughts of Source are not held in Source mind in any particular sequence or order. It is similar to having a never ending library of thoughts to choose from to create beautiful pictures with.

A brain is a sphere of radiation, when it is turned on. A brain is also a thought of Source. The spiral of a thought could also be called a ray of consciousness because it is made of the conscious energy of Source mind and it spirals. All thoughts are spheres of radiation, when they are turned. The layers of the sphere are created *around* the spiral of the thought as the energy of Source in the spiral radiates out and around the spiral. The coiled spiral is why creation expresses as spheres within spheres, but as we can see, the coding in a spiral can create an uncountable number of forms. A fun thought inserted here. Did you know that the hair on your head grows in a spiral?

For lack of a better description, an auric brain is an electrical circuit board and thoughts are turned into thought experiences via sparking them to turn on in the auric brain. What science detects, and calls brain waves in the human brain are electrical impulses (sparks) of thoughts being turned on. It is the creation of your life. Source mind is electrical (the universe is electrified). All thoughts hold a small electrical charge but they are not turned on to experience them until they are sparked. That means they are simply potential thought experiences until they are sparked to turn on and experience them.

The coding of the brain, of all thoughts, holds the potential to create electrical sparks because they are made of the electrical energy of Source conscious mind. All of creation is conscious (self aware) because all of creation is created of the conscious energy of Source.

That means all of creation is “alive”. It may surprise you to know that so called great human thinkers have never agreed upon what is required to label something alive. Generally, humans apply the word to being animated. To try to use the word alive correctly, even if you need to use the word alive, it could be applied to a turned on thought only because dormant thoughts do not create something to experience.

The first form expression of Source is a star. Stars are replicated minds of Source whole mind which step the energy of Source down and back up in energy quantum/amount. Brains are individual identity expressions of Source (faces of Source for simplicity) created INSIDE of star replicated minds. Each star mind is an individual thought with a unique vibration rate. Each brain is an individual expression / thought with a unique vibration rate.

Source cannot experience the thoughts of Source until stepping down into the code of a unique brain. Prior to that point of creation, the energy of Source mind is too strong to separate the thoughts of Source and experience them as individual thoughts.

The process of doing so is via Source creating the illusion of space. The illusion of space is created INSIDE of the auric brains of Source via the coding of the auric brain turning off the energy of Source mind within the auric brain. When you close your human eyes you are turning off flows of Source energy from entering into your brain, energy that science calls visible light. Coding within your unique code allows you to do so. You are not turning off the energy of Source. You are simply turning it off to your awareness inside of your brain.

The Eternal Spiral of creation steps the energy of Source down in energy following the divine sequence of 12, 9, 6, 3, 12 zero. The 12 zero point is the lowest level of step down of energy within a thought. Source turns on an auric brain via projecting energy into and stepping it down into the code of the auric brain, into a thought. Each layer of the auric brain holds a copy of the Eternal Spiral, just as each cell in your body holds a copy of your human DNA code.

The energy of mind is turned off as it steps down within the code of a thought.

- The 12 point holds all of the code turned on. The coding expresses as the level of energy of the 12 point.
- The 9 point has part of the code turned off but holds all of the codes turned on within the 9, 6 & 3 points, but they express as the level of energy of the 9 point.
- The 6 point turns off more of the code but holds all of the codes turned on within the 6 & 3 points. They express as the level of energy of the 6 point.
- The 3 point turns off more of the code. The 3 point codes expresses at the level of energy of the 3 point of mind step down.

What science is studying, and calling DNA, is a distorted copy of a code as expresses "**below**" the 3 point layer of mind step down. Remember, stepping down means to turn off codes. They cannot see the higher energy expressions of the code, just as humans cannot see form outside of the spectrum of radiation they call visible light. The 12 point layer of mind holds all of the original codes turned on and is why the distorted code can be reset when the 12 point layer of mind can be reached. However, there is also the process of *turning off* the distorted human DNA code as it is raised back up in vibration. Can you understand, you are not intended to express as human eternally. It is a temporary healing mission. Source does not express as any form eternally. Source eternally changes form.

I have just recently become aware of this thought I am now going to share with you here. *The code of a thought, which is what human DNA is, should only contain the operational code for the thought and the truth of self.*

This means human DNA should only contain the instructions for the operation of the brain and the truth of self and creation. All thoughts hold the truth of Source and creation, which is why all humans should simply know who they are and how creation occurs, which is self

awareness, or conscious. The amount of self awareness any turned on thought holds depends on the amount of Source energy that can turn on within the code of the thought. All turned on thoughts are self aware, aware of the role they play, but only faces of Source (brains of Source) hold the coding that will allow them to know they are an expression of Source and co-creators as Source. That is why humans are the only life forms of earth that hold the ability to question their existence.

There should not be virus coding in human DNA. There is not in the original code. There should not be fragmented thoughts or what science calls “memories” stored in human DNA.

The way that all brains of Source (faces of Source) are created to operate is as this. Thoughts expand from mind, they flow back through the brains of Source to be translated into thought experiences as they are turned into electrical signals that flow into “sense” regions. Once they are experienced, they then flow back into mind, and turn off. Any thought that has turned off within mind can always be turned back on again simply by thinking about it (focusing the energy of mind into the thought). Source mind is eternal balance and returns all imbalanced thoughts to balance as they flow back into mind so, you could not turn back on a distorted thought that returned to balance in mind.

The process will not work if the faces of Source (brains) fall to such a low vibration rate that they can no longer access the higher energy of mind. What fell to become human, and remains as human today, has been working to heal this issue for over 5 billion years, current earth time. There have been many ups and downs in the process of healing human consciousness and previous successful ascension cycles. Humans are now engaged with the last ascension cycle.

Balanced expressions of Source do not birth into a holographic reality filed (planetary shield) and experience loss of energy from doing so. They do not forget the truth just via Source stepping down the energy of Source into the code of a brain to turn on the code and have a life experience. Neither do balanced expressions birth into an “inherited code”. They each hold their own, unique code which allows for a unique life experience. They self create their own form to represent their self within the hologram and they can change their form at will. Neither do they express as a gender and they are not stuck to the ground.

A life experience is supposed to be about Source experiencing the thoughts of Source and discovering what Source can create. It is not supposed to be about healing from fragmentation, which creates memory loss, and healing distortion. The human life experience is a “healing mission” of Source stepping down into a distorted code to heal the code by returning it to balance and raising the conscious energy of Source that became trapped in a fragmented code back up in vibration to return to balance within mind. That is why the human life experience is so very unique. The fragmented consciousness that became trapped in the

fragmented code is the conscious energy of Source mind, originally stepped down into the original code to turn the code on. Source mind did not become trapped in the code but part of the energy of Source mind did. You are both the energy of Source mind operating the code and experiencing the code.

In becoming aware of such you might have the thought to degrade yourself to only energy operating a brain. You would only have such a thought if you are not aware that you are an expression of Source, and that Source is all that exists, that Source is the only one experiencing the thoughts of Source. So, there is no need to step into such a distorted thought.

If a face of Source falls to low in energy to be able to access the energy of mind, thoughts continue to flow into them but the thoughts cannot flow back into mind. The degree of fragmentation of the pieces determines the level of awareness the fragmented pieces can have because thoughts can no longer be processed in the brain until enough of the code of the brain has merged back together and turned back on for thoughts to process through.

This is why when humans merged back enough energy / coding and began to express as a form on land, which we call ancient humans, they were fragmented to expressing as animals would, the only thoughts were to survive and reproduce. They could not question their existence. They learned how to survive on earth via trial and error. They grouped together in clans/tribes via like coding being drawn to like coding.

When the last fall in vibration occurred, during the Atlantean cycle, the few million humans that remained fell so low in vibration that they existed more as those who lived in caves did. They had no memory of the cities they had been a part of creating, no memory of technology that had been a part of creating and barely knew how to hunt for food. They continued on to re-evolve into modern day humans. The ruins of cities meant nothing to them unless there was a stone structure that could provide shelter. Their human DNA once again became fragmented and they could not access the thoughts of mind.

Many humans still romanticize about an ancient city called Atlantis but only after the thought of an ancient city could be turned back on in human DNA. There were other human cities during that time period as well. It is not a memory to romanticize about. Greed, corruption and fear were very much a part of humans then as well because the virus distortion in human DNA had already occurred. I have shared why that fall occurred in previous material so will not repeat it here again but it is there for you to discover.

An interesting thought to include here. Many people have heard of something humans call the third eye. Humans today have forgotten of ancient humans remembering the so called third eye. Some humans remembered it during the Atlantean time cycle and is where the humans of

today inherited the thought from. As humans that forget the truth do, they created their own definition of such a 3rd eye, when the thought once again opened to awareness.

Today humans count such an *inner eye*, which some have also named the 3rd chakra, as the 3rd eye in counting the two human eyes as eyes 1 & 2. But we have already became aware that humans do not "see" forms with the human body eyes, which means they are not actually seeing tools. The ONLY one looking / seeing is Source mind. The Layers of step down of Source mind are the points of mind that thoughts return to. The step down layers of mind are also the "eyes" of Source. They are the points within you that you should see/experience from and you experience thoughts as they are translated within specific regions of the auric brain as "electrical impulses". You do not just see thoughts but you experience them in all regions of the auric brain at the same time. When you count the layers of mind step down from higher to lower, (12 – eye one) (9 – eye 2) (6 – eye 3) (3 – eye 4).

Experiencing Thoughts

Sensing the energy of thoughts occurs via the energy of thoughts being translated into "electrical signals / electrical bursts / sparks. This can only begin to make sense when you know that Source mind is electrical. Translating thoughts into thought experiences is the process of vibrating bands of what humans call radiation to become brain waves of radiation. Bands of radiation are turned into waves of radiation (brains waves) as they flow back into the brain / auric brain and are vibrated by the layers of mind. Vibration occurs in the Eternal Spiral and the layers of mind is mind stepping down into the spiral of a thought. Faces of Source/brains of Source/such as humans are the "receivers". Source mind is the transmitter.

For example, a radio tower sends out so called radio waves but they do not become *waves* until they are received in the radio. When they are transmitted they are "bands" of radiation. Bands of radiation hold a specific electrical charge. The specific charge is dependent on the vibration rate they are created within and expanded from. So called AM radio bands have a different electrical charge than so called FM radio bands.

A higher vibration rate at the creation point produces and expands (pushes out around the creation point) longer bands of radiation and longer bands of radiation can hold more thoughts. If the higher energy/radiation of longer bands of radiation cannot enter into the receiver to be translated to the awareness of the consciousness focused within the receiver the consciousness focused within the receiver cannot become aware of the thoughts.

For example, humans can code more thoughts into so called microwaves than they can into so called radio waves. Microwaves are longer bands of radiation created by a higher vibration rate. It is not possible for a radio, designed to receive AM or FM radio waves only to receive the microwaves. The microwaves simply move right through the radio receiver, undetected.

Nor is it possible for a receiver that is designed to receive only AM bands of radio waves to receive FM bands of radio waves. It is ALL about vibration!

The electrical activity that science detects with technology in the human brain, and calls brain waves, are NOT brain waves. They are electrical sparks created by electrically charged brain waves. What some humans call “auric fields” are the true brain waves that create internal electrical flows of energy, also called the neurological system. However, the electrical sparks/activity science detects IS the creation of your human life experience and all thoughts that compose it.

Think about that for a bit. Every person, place or thing you experience, every experience you encounter, is thoughts and your life is created inside of your brain. There is no one in your brain but YOU!

I have shared this truth many times with people. Neuroscience has proven that everything humans experience is created in the brain. As you sit and think about this truth you may be able to recognize the truth of it while doing so. However, as soon as you stop thinking about it and return your focus of attention to your life (human DNA) you forget about this truth. When you forget about this truth you step right back into the collective game of the potential victim.

This truth currently does not “stay on” in the brains of most humans which means you cannot retain awareness of this truth when you stop focusing your attention into it. That is because it is not a thought that is fully turned on in your DNA. It is not running at a critical mass and continuing to play through you. Which means you have not “memorized” it. The false beliefs you inherited are running at a critical mass within you and those falls beliefs tell you that creation occurs outside of you. Creation occurs INSIDE of you. It is a result of humans forgetting they are individual expressions of Source and how creation occurs.

Taking back control of your life experience and creating more balance within your life experience requires you to take back your power. Your power is the ability to "think". To take back your power, you must be willing to accept the fact that you are creating absolutely everything you experience. When you blame, and play the role of a victim, you are only blaming yourself. Every person, place and thing that makes up your life experience, and how you experience such thoughts, is simply mirroring to you coding that is held within your human DNA. That is why one person might experience the same person differently than you do.

However, the thoughts you draw to yourself are also individual thoughts. They hold their own coding, which you open and turn on in yourself to experience. How you experience that coding is determined by your own coding. You will draw thoughts to yourself to experience the coding

that matches your coding. Some of that coding is very distorted. Some thoughts / people hold more distortion than other thoughts.

The process of healing the false beliefs you inherited is to reprogram your human DNA so you can become aware of the thoughts held within mind. But, you must first remember your true identity because your human DNA code tells you that you do not hold the power to reprogram your DNA.

Becoming aware would be considered as “mental awareness” by humans. Becoming aware and *identifying as* are two different things. When you identify as Source and someone asks you who you are the first thought that pops into your awareness is Source, or whatever word you choose to apply to the creator. What is the first thought that pops into your awareness when you are asked who you are? Your human name, the word human, or perhaps another word? How do you define yourself? You can reprogram your human DNA to identify as your true expression with the I AM thought, I AM Source, over and over and over and over, until you identify as Source, or the word of your choice.

A next stage of healing back into truth is to remember that the YOU that is looking at and experiencing all that you experience is Source conscious mind. When you identity as Source it will be easier for you to retain awareness of this fact.

When you birthed as human you did not identify as human. You did not identify as anyone. You simply knew yourself and did not question who you are. You “learned” to believe you are human by turning on your human DNA and experiencing hearing your assigned name being repeated over and over and over and over.

You had no awareness of your human body or the body parts. When you became aware of your human body parts you were fascinated by them. You then had to become aware of the human words assigned to your body parts and where they are located when asked.

When you birthed as human you had absolutely no awareness of what it means to express as human. The ONLY thing you were aware of is “love”. Becoming aware of what it means for you to express as human is the result of turning on the code of your inherited human DNA.

Humans will make comments such as the digestive system is not fully developed, the brain is not fully developed. Developed means turning on human DNA. Can you see how assigning different names to the parts that compose the picture of your human body form creates the belief of separation? The system works together as a “whole” and without the pieces that make up the whole the system does not function correctly. When the code that allows you to express as human becomes distorted you do not function the way the original code intended for you to function.

Your unique human DNA code is the "combined code" of your human biological parents. It is a "copy" of their combined code. It is also a copy of their combined distorted code. The combined distorted code can create issues in the process of the codes being copied. Codes might not match up. When they do not they can create what humans call birth defects.

You most likely already know your DNA code is a copy of your combined human parents code but it is most likely not a thought you pay any attention to. And their unique codes are a copy of their human parents codes. That is what it means for fragmented coding to merge back together. That is what it means to have a "genetic line". There should not be a genetic line!

To become aware means to become aware of thoughts. To sense means to sense the energy / coding of thoughts. To communicate means to become aware / sense the energy of the code of thoughts. To **see** means to become aware of the energy coding of thoughts. To “experience” means to experience thoughts.

I continue to search for words to assist you to remember such truths because you will not be able to take back / reclaim your power until you realize your true identity. Your power is the ability to “think” and simply via thinking you create everything you experience. No one is doing anything to you. No one is doing anything to anyone. All humans are individual expressions experiencing thoughts uniquely within their unique brain. That is why all humans are correct in whatever they choose to believe because they are creating what they choose to believe. Each life experience is Source having a “unique” life experience. There is no one exactly like you anywhere within creation.

A planetary holographic reality field is a mirrored picture/image of the thoughts that each face of the collective is co-creating and experiencing. You can become aware of the thoughts other people are experiencing but that does not mean you personally are experiencing the thoughts in the same way. A collective of faces of Source share their thoughts by creating a "collective pool of thoughts". More about that in a bit.

You can look at the thought experiences other people have and feel great sadness for the distorted thought experiences because you “know” the feeling of love/balance. You desire to heal all of the distortion you become aware of because you are an expression of Source who desires, and will, heal any distortion that occurs within self. Not all humans are currently able to know the feeling of love.

A planetary holographic reality field is a “field” of thoughts that the collective “share” to create the life experience. It should not hold distorted thoughts but the earth planetary shield does because humans created them. Humans can experience the same thoughts, within the same “collective” vibration rate as a result of being held in the same collective vibration rate. That allows a collective to experience the same holographic reality field.

A planetary shield is a flat, donut, egg shaped sphere of radiation which humans are programmed to call a planets orbital path around the sun. Science would also call it a vacuum in space. They do not know space is Source mind. So, it is like Source drawing a circle at a point within Source mind and that circle holds a specific amount of Source energy. That amount plays a role in the “collective” vibration rate but the collective vibration rate can fall if a critical mass of the collective falls in vibration.

This means that thoughts will be experienced at the level of Source energy maintained in the planetary shield. This ensures the collective can all experience the same picture of creation but do so uniquely within the unique brain. Remember, a collective is a collective of unique expressions of Source. When the collective vibration rate shifts, thoughts created by individuals of the collective can change. Humans call this the "Mandela effect".

Humans fell to the level of energy of radiation they currently see the picture within, which science calls the troposphere. That is why human DNA only exists in the troposphere. They fell into the picture and became stuck within the picture.

The fall in vibration of the last fall, during the Alantean time cycle, dropped human consciousness to a point below the vibration rate of the 3 point layer of mind step down, at a point of around 2.5, below mind. This meant they could no longer access the thoughts of mind and thoughts that flowed into them could no longer return to mind. Instead, they flowed into the layer of radiation called the troposphere. They could no longer receive higher, longer brain waves. The only thoughts they could access were the ones that continued to loop through them. They created a collective pool of thoughts, filled with distorted thoughts, distorted as they played through the distorted code of human DNA. Humans created their false beliefs from the pool of distorted thoughts. They could not know, become aware of anything else but the distorted thoughts because they could not access the thoughts of mind. They created their beliefs of creation around their distorted thoughts. And they created many superstitious beliefs.

Because thoughts flowing through them could not be sparked to a high enough vibration rate they could not turn off thoughts and fragmented thoughts became stuck as coding in human DNA. When you birth as human you now inherit any stuck thoughts that have not been able to be purged from your human DNA. That is what karma is. That is why some people might have recall of fragmented pieces of a past life. It is why traumatic experiences, that have not been purged from human DNA, are passed on in the genetic line. They are at first dormant codes when you birth as human but if they turn on before they are purged, you will experience them in some manner.

For a moment, let's think of some traumatic experiences that we know humans have experienced. Let's say an ancestor was in a group of people where a shooter entered the

group and started to fire and killed all, or some, in the group. If you hold such distorted coding, and it turns on, you could have a similar experience. Let's say that someone in your genetic line starved to death. That is pretty traumatic too. If you hold coding of that experience, and it turns on within you, your code will not allow you to lose weight and keep it off because you might starve to death. These are just two examples but humans have experienced a whole lot of trauma.

And now humans are constantly bombarded with the thought they should never forget the trauma. Never forget the fight, the battle, what was done to you, what your ancestors had to suffer, what “they” did to you. That thought is plastered everywhere. Events are created to assist you to remember and to celebrate the experiences again and again. And what do we see? We see the same thoughts being played out over and over and over. If you do not forget, if you do not stop thinking about them, they cannot be released from you. And they will continue to be passed on to the next generation to continue to experience them. YOU now hold the ability to break the cycles and release the distorted thoughts because you can once again access Source mind. They only remain alive if people choose to keep them alive by not forgetting about them. Forgetting about them is allowing them to turn off and purge, returning to mind.

The distorted thoughts of humans are base 10 thoughts which means they create base 10 brain waves. Creation is a base 12 system. Releasing the distorted thoughts back into mind resets them to balanced base 12 thoughts. That is why you should project your anger to Source. Source will return it to balance. Cuss, scream, cry, rant, rave and yell at Source. Source does not care and that is where you should direct such thoughts to. Yell and tell Source to take it all because you don’t want to experience it anymore.

The human brain is currently keyed to receive base 10 waves of radiation (brain waves) as a result of the brain falling in vibration.

The missing energy expresses in everything humans see and detect. For example, at the micro level it is missing in so called chemicals and is why the human cannot produces all of the chemicals science calls amino acids and why you must get them from your diet.

Think about that for a moment. Do you really think Source would create a brain to operate a specific way and not program the brain to produce everything it needs to function? That is kind of risky. What if it cannot find what it needs to function or does not know it does not have all it needs to function.

At the so called atomic level, physics call stable atoms ones that have the same electrical charge of so called protons and neutrons and ones that don’t are unstable. Source does not create imbalance. Source creates the same charge on both sides of the battery.

If both sides do not hold the same electrical charge they cannot be sparked and brain waves cannot be turned into chemical codes to be sparked to send messages to the brain. That means that thoughts cannot be translated into thought experiences in the human brain.

Chemical imbalance, missing chemicals, missing energy is the result of fragmentation and falling in energy. The missing pieces are turned off. The energy is not missing within Source mind, it is missing within humans.

Yes, humans are missing chemicals. There are missing elements on the so called table of elements and all of this missing energy is why the human brain does not operate properly and why thoughts are not translated through it properly. It is why you may be struggling to make sense of all of these thoughts I am sharing with you.

- Bands of radiation are pulled into the brain, that were expanded from mind.
- The vibration rate of the layers of mind step down vibrate the waves, turning them into brain waves, coded with thoughts.
- The electrical brain waves “try” to spark the chemical recipe in cells, which is different in different cells.
- The thoughts are turned into chemical codes, which spark the DNA in the cells.
- The DNA code translates the thoughts into the code of the brain.
- The sparks are transmitted to the control center of the brain and into the “sense” regions of the brain.
- The chemicals in the cells of the sense regions of the control center translate the thoughts into electrical sparks (which science calls brain waves).
- As the electrical sparks occur the electrical currents (flows) they create flow back into mind and electrical mind “senses”, “becomes aware”, “sees”, “experiences” the thoughts.
- As they flow back into mind they are turned off. Thoughts should not be trapped in the cells of the brain. There should not be any memory held within the cells of the brain/body. Memory is thoughts. The brain should instantly be able to access the thoughts held in mind. After all, it is Source that would desire to access them.

The thoughts that are trapped in the coding of human DNA must be purged but Source would not just rip the stored thoughts out of you. That would end your life experience. They are your beliefs you inherited and as long as you need them your cells will continue to be re-coded with them. Source creates in balance and Source heals in balance. You may choose to hold onto to them the rest of your human life and you have free will to make such a choice.

False beliefs block the truth from awareness because the false beliefs of humans are base 10 thought waves and the truth is held in base 12 thought waves (brain waves). It is similar to FM

radio waves not being able to be received in AM radio receivers. The waves must match to be able to become aware of the thoughts coded in the waves. So as long as you need your base 10 thoughts your brain will continue to operate to translate your base 10 thoughts. When you choose to release them, and focus within mind, your brain will create cells that can translate base 12 thoughts to your awareness.

It is not that big of an issue that humans are missing chemical/elements because thoughts can be played in different cells at the same time. Doing so is similar to playing chords on a piano. Chords can create the signal of one chemical signal, one key, when keys are played together. If you could see such occur it would look like tiny bursts of lightening crossing over in your brain.

Vibration occurs within the Eternal Spiral of Creation as Source, electrical energy, steps down and back up within the eternal spiral. So called air waves (bands of radiation) do not vibrate. They are vibrated as they flow into you. You can realize this truth by looking at the beautiful pictures humans can see of the energy of Source stepping down in energy. Humans call that beautiful picture auroras. Look at the pictures and realize those bands of radiation do not create sine waves. They are the energy of our local star mind stepping down to us. So called solar winds do not vibrate, they flow. The energy of Source mind "flows". Waves are created via vibration.

The internal tones/ringing many people are now hearing is the sound of your own internal vibration rate. If you hear such you are most likely aware that the sound amplifies from time to time. That is the result of the increasing internal vibration rate. When a new higher vibration rate is reached the internal sound softens for a bit until the next upshift in vibration occurs. Most likely you will notice it increases very much during a so called “solar storm” and softens once that energy is received within the collective. If you are not yet aware of it, sit in a quiet environment and put your hands over your ears and listen. In my experience, sometimes it becomes so loud it makes it challenging to hear other sounds.

When you hear a thought, and you think you hear it with your ears, your ears simply direct bands of radiation to the hearing sense region of the brain and they are vibrated in the brain. If the DNA coding of the hearing sense region holds distortion, the chemicals in the cells will hold distortion and they will not be able to produce strong enough sparks to translate thoughts into sound waves. The person is then considered hard of hearing or deaf. Devices such as hearing aids amplify the bands of radiation as they flow into the brain by vibrating them, so can assist to create sparks in the cells of the hearing sense region.

Of course science will tell you that the human eyes see pictures outside of you and that the human ears hear because sound waves pass through inner layers of the ear. They will tell you such because that is what they believe. Remove the hearing sense region from the brain and find out if you can hear bands of radiation that enter into your brain through the openings of

your ears. Remove the vision region from the brain and find out if you can still see form and light. Of course doing so might end your life, but it might not. There are people that do not have a complete picture of the brain showing and still lead full lives. That is because it is not the picture doing the work. However, when humans are focusing in the picture of the human body form to change something in it, they are actually focusing into the code of the human body form.

Glasses assist to direct flows of radiation entering the brain through the human eyes so they can assist with vision issues. It is all about being able to get bands of radiation to the sense regions of the brain to be able to be sparked via chemical codes that respond to the instructions of human DNA. The human eye lids are like the shutter on a camera and opening them and closing them, and blinking regulates the flows of radiation entering into your brain. That is why if you try to force your eye lids to remain open your eye balls will begin to water and burn. You are saturating them with radiation. When you stare into one point for a long time, and of course you are seeing some thought form, you can still see a light image of the form for a bit after you close your human eyes. That is because when as you are staring you seldom blink and you are saturating the vision region cells with radiation. It is kind of like burning a picture onto something.

Another experience of over saturation with radiation is when people are focusing on a computer screen they blink less. Today you are most likely focusing into microwaves so be sure to remember to blink. If you look directly at the sun to long you hold the potential of damaging cells in the vision sense region and could experience sight issues. That is because cells can only take in so much radiation before it will transmute the cells. Don't forget, science uses filters to block out radiation of the sun so they can look at it.

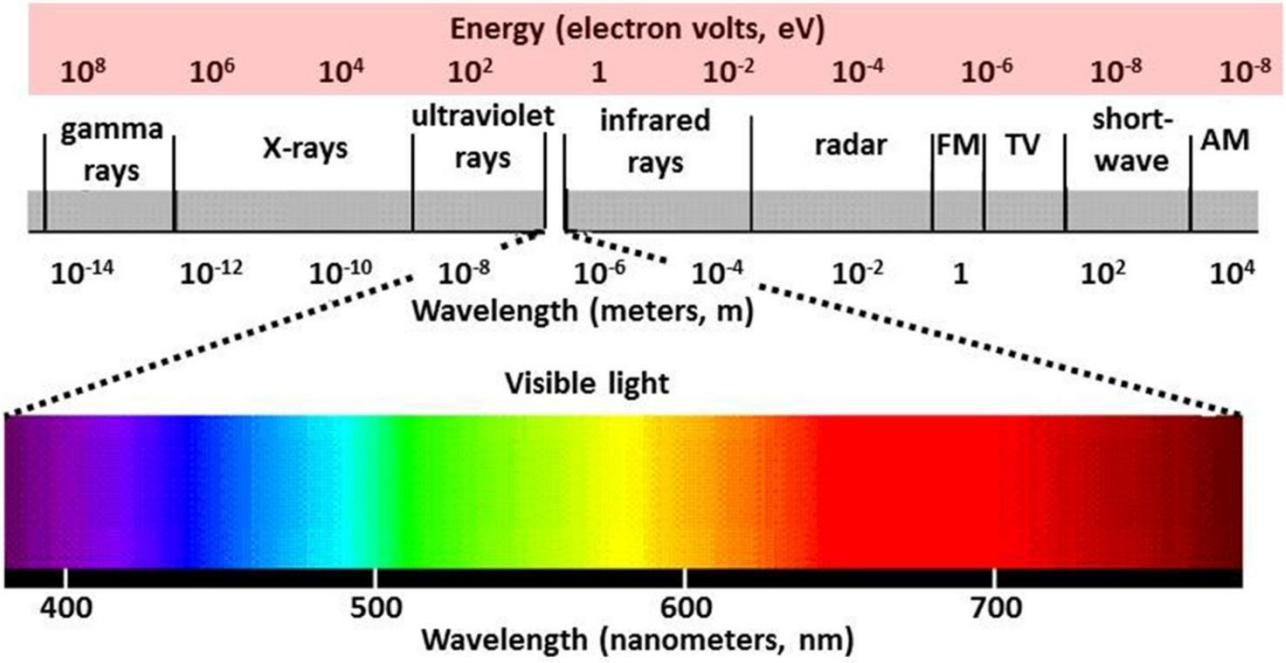
I have had to use the operation pictured in the picture of the human body from to share these thoughts with you because humans have not created words to assign to the auric brain.

You may not yet be able to accept the fact that your world, your life, your picture of creation is created in your auric brain, or that Source is the only one looking. That is ok. You will remember the truth when you are able to remember the truth. As previously stated, the human life experience is not about remembering, it is about healing. Remembering is a by-product of healing.

Source Energy Stepping Down

Of the energy of Source science can detect, they have labeled it the electromagnetic spectrum of radiation. They can only detect what they can detect within a base 10 vibration rate. That is because humans are missing energy and cannot know even those amounts of Source energy should express in a base 12 vibration rate.

Science has also created and applied words to the energy they can detect. Here is one of many examples of that illustration.



One thing this illustration does is create the belief that the layers of Source mind are linear, they are not. They express as spheres within spheres of radiation and they express in the same place at the same time. If they did not expresses in the same place at the same time human technology could not make use of radio waves, microwaves and x-rays. They express similar to the layers of an onion and using an onion as an analogy, the "core" of the onion is the creation point. The "core" is also what humans call "the sun". A sun is a star. You live inside of a star! Everything that expresses inside of your local star mind is created of the energy of Source expressing as your local star mind. Everything that expands from the creation point of your local star mind WILL return to the creation point. There is nowhere else for it to go.

Humans currently see form/manifest creation/visible creation/matter/particles within what science calls a "spectrum of radiation" which they have named the "visible light spectrum". I prefer the word gradient to the word spectrum because I think more people can understand the word gradient, but I will use their word spectrum.

A spectrum of radiation is "one band" of the energy of Source mind. It expands higher within the one band, like a gradient color does. The vibration rate of the step down of the spectrum creates sub-bands within the spectrum of radiation and is why humans can see those sub-bands as colors. They each hold their own electrical charge which creates different colors when they are vibrated through the auric brain cells and the unique human DNA code of each person. Therefore, no two people experience color exactly the same. Humans have applied names to "base colors" but no one can know the shade/color/tint etc. that each person

experiences of the base color. You most likely have a favorite color and it might even change from time to time. Your favorite color is associated to your current vibration rate, it is a vibration rate you "resonate" with. When your favorite color changes it is because your vibration rate has changed. You will most likely resonate with people that share the same gradient of color as a favorite color that you do. But, you will also be drawn to people who share a different favorite color gradient because they hold codes you need to collect.

What science calls particles are particles of radiation. They are the result of turning off within the auric brain specific points of energy within the mind of Source, or turning them "down". Therefore, all forms are "dot matrix picture/images". The word matrix simply means a grid. Perhaps think of connect the dot pictures in children's coloring books. Those are dot matrix picture/images. The dots are electrical charged points. They are not solid, even though you experience them as being solid. They only seem solid to you because you are currently of the same energy/radiation you experience as solid pictures. That is why physics asked, "where is the rest of matter", when they discovered the atom. They discovered that the so called atom is 99.99% empty space. What they do not know is the empty space is Source mind.

The electrical charge of dots of a picture/form/image spread out radiation when they are sparked and the spread out radiation fills in the form. The shape of the form is the result of the code of the thought, which creates the coding of how the thought form will look, when it is sparked to turn on within a specific vibration rate.

The forms you see and call matter, turn on and off constantly. Each time you blink your human eyes you are resetting your picture. You will not see a blip in the picture you call creation because the flash on and off sequence occurs faster than you can keep up with. That is but one example of the electrical sparking that occurs in the brain.

How dense the pictures are experienced as is determined by the vibration rate of the brain they are experienced within and the coding of the brain.

What science calls "particles/chemicals/elements" express within each of the so called spectrums of radiation but they express differently because they become more or less dense than what humans currently experience. The denseness of a form is determined by how far apart the particles of radiation of a form are from each other.

Using the dot to dot pictures of a coloring book as an example, the more dots used to create the form, and the closer together they are, creates a more dense, filled in, picture than if the dots are less and more spread out.

Higher levels of radiation are created from a higher vibration rate at the creation point. For example, think of a radio tower. A radio tower emits/radiates/sends out/projects bands of radiation humans call radio waves. They do not begin as waves, they spread out as gradient

bands, a spectrum. The vibration rate/electrical charge at the tower determines how far around the tower the bands spread out. The higher the vibration rate at the tower, the further the bands spread out around the tower. The farthest point of bands from the tower hold the strongest amount of energy/charge and as you move back to the tower the bands step down in energy/charge. That is the result of the "thrust" at the tower that pushes the largest amount of energy the farthest from the creation point.

The stronger the vibration point, the farther the bands of radiation spread out around the creation point as a result of "more thrust". The more "spread out" radiation is the "less dense" it is. That is why the largest, higher energy, less dense planets express the furthest from the sun (core of the star creation point). It is also why higher energy brain waves expand the furthest out around you.

Particles of radiation created within more spread out, higher energy bands of radiation, create "less dense pictures" which equates to less dense matter. One example is what humans call a ghost.

The higher in vibration you expand the less dense the form that represents you becomes. That is why you could walk through the pictures you now call matter. It is why balanced expressions of Source are not stuck to the ground because they remain higher in vibration than the radiation of the picture.

When you close your human eyes and focus in a thought, such as a red rose, you can create a picture/image of a red rose and look at it. You are focusing from a higher vibration rate of your mind step down, into your mind (the blackness you see when you close your human eyes). The picture of the red rose is also so called matter but it is less dense than the pictures you see when your human eyes are open. The pictures you see in so called dreams are also so called matter, they are simply less dense radiation.

Consciousness does not need to sleep. When you cycle into body sleep mode you are not sleeping. You have simply shifted up in vibration to focus on thoughts within a higher vibration rate of your mind step down. Some people have a so called dream experience in which they are falling and always wake up before they hit the ground. That is the experience of "rapidly" shifting back down in vibration.

Balanced expressions of Source do not leave a body form in the lower vibration rate when they shift their focus up. They turn it off! Humans cannot do so because they cannot put enough energy into the human body form to turn it off. Think about that. Humans would really freak out if every time someone went to sleep they disappeared. They would call the police and report a missing person. Then you would walk into the kitchen eight hours later and they would freak out even more.

Neither do balanced expressions of Source leave a body form laying around in the picture when they exit a hologram. They turn it off! There is no picture laying around and decaying in a balanced hologram. Decaying of a form is what humans experience as the slow process of a form turning off. As it does, the units of radiation that bonded to each other to create the form separate and return to a natural state. When experiencing it, the process can create some foul odors. Humans would say that turning off the body form was the process of vaporizing it. Decay does the same thing but it is a much slower process. Humans can choose a much faster process which we call cremation. Cremation also vaporizes the units of radiation that composed the form and releases them to return to balance. Chemicals, such as acid, could also be used but it is not an acceptable method by humans. AND it is decayed forms that humans mine and create artificial energy from.

What humans have not been able to know, because they forgot, is that holographic reality fields occur in ALL spectrums of radiation. To experience a holographic reality field in a different spectrum of radiation you must be of the vibration rate of the spectrum of radiation. The form you expressed as would be composed of the units of radiation/particles as they express within the specific spectrum of radiation.

You see, you do not go anywhere when you remove your consciousness from the human body form. You simply shift to a different vibration rate and then you will self create a form to represent you within the hologram.

Humans must express as the human form because it is a healing mission of healing the code of the human body form and releasing the consciousness that fell in vibration and became trapped within the base 10 spectrum of the so called visible light spectrum. You will not shift to the vibration rate of so called microwaves, x-rays, gamma rays, etc. You will shift back into a base 12 vibration rate.

That is why your loved ones have not "gone" anywhere. They are still here. You simply cannot see their new form. When you think of them they know it and they will only send love back to you. They only know love now.

You may believe you are separated from the so called solar winds, but you are not. You are held "within" them. And you will increase in vibration to be able to merge back into the creation point, which humans call the sun, because that is from which you came.

There is no such thing as magnetic energy. Even what science calls magnetic energy holds an electrical charge. Gravity is also considered as magnetic. It is not, it is electrical too. The core that pulls you back into the core is the creation point of the star mind, which humans call the sun. In the picture you see, the creation point is located below your feet, about 6 inches below your feet. The sun you see over your head is a mirrored picture of the spiral you do not see

below your feet. The feeling of being pulled back to the creation point is the "back flows" of energy returning to the creation point. The less dense you are, the higher vibration rate you hold, the less you feel the back flows of being pulled back into the creation point. That is why balanced expressions of Source are not stuck to the ground.

It is a breathing process of the star mind. Energy expands out, a pause breath, energy flows back in, a pause breath. The pause of the inhale breath is returning into the creation point. Do you have a magnet inside of you that pulls your breath back into you? It is expansion and contraction. And each time the energy flows back into a creation point it comes back out three times higher in energy. That is why creation eternally expands. It is why you are increasing in vibration. It is what creates the illusion of time because each next moment is higher in vibration than the previous.

I could keep going non-stop, if my human DNA would allow me to. But, it has taken almost a week of working to get this in type format with 2 hours working and 4 hours in body sleep mode, repeat. My body feels fried now. I intend that I will be able to continue to share more with you while I am still here.

Source Loving Joy Blessings To All,

Marie Love